

SMOKING

Smoking & e-cigarettes

Duncan Selbie's Friday message highlights the latest evidence on e-cigarettes

[Link](#)

DRINKING

Drink wise, age well: reducing alcohol-related harm among people over 50

Evidence suggests that the use of alcohol among older adults has increased in recent years, with people aged 55–64 now more likely to exceed the recommended weekly guidelines than any other age group

[Link](#)

MENTAL HEALTH CARE

1 IN 5 patients detained under the Mental Health Act have no input in their care plans

CQC visits reveal large number of cases where there is no consultation with patients about their care

[Link](#)

HEALTHY AGEING

Healthy ageing: the grand challenge

Open Forum conference looking at current & future health needs, as well as managing long-term conditions. Manchester Conference Centre, Tuesday 19 March

[Link](#)

PREVENTION AGENDA

Population health: prevention is better than cure

One-day conference which will feature the steps needed to tackle health inequalities, the role of technological support and examples of best practice. Manchester, Tuesday 30 April

[Link](#)

POST-NATAL CARE

Perinatal self-harm: an overlooked public health issue

Risk of self-harm & suicide ideation may arise during the perinatal period, especially among women with pre-existing mental health conditions

[Link](#)

HEART DISEASE

Ambitions to tackle persisting inequalities in cardiovascular disease

CVD remains the leading cause of premature mortality in England, and one of the conditions most strongly associated with health inequalities

[Link](#)

DIABETES

Weight loss can put Type 2 diabetes into remission for at least two years

Latest research has revealed that more than a third of people who took part in a weight management programme are in remission two years later

[Link](#)

